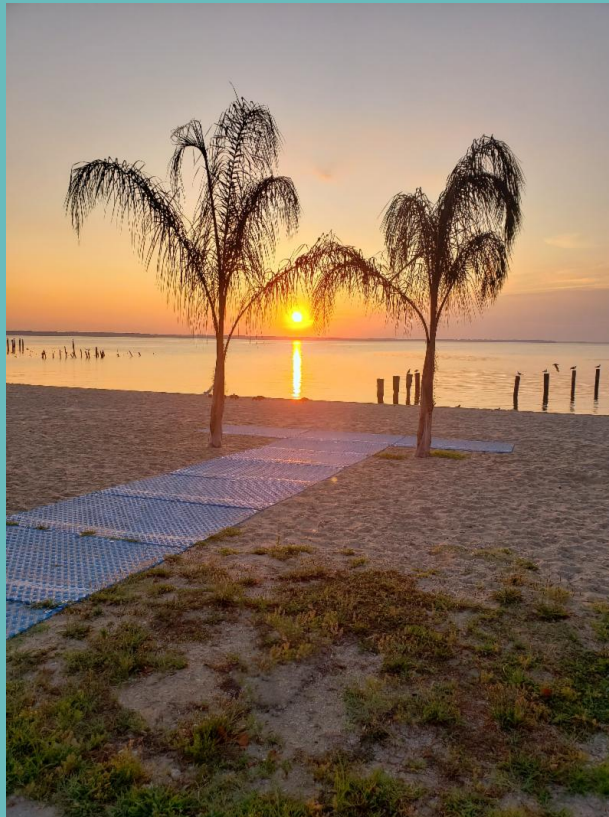




Community Found!



"THERE IS NO POWER FOR CHANGE GREATER THAN A
COMMUNITY DISCOVERING WHAT IT CARES ABOUT."
~ MARGARET J. WHEATLEY

CBCF Explained

What We Are & What We Do

Colonial Beach is one of several hundred communities throughout the U.S. that has a community foundation. Like those other foundations, the Colonial Beach Community

Foundation (CBCF) is a community-specific, public-supported, nonprofit, tax-exempt, philanthropic organization. As such, CBCF is a vehicle through which individuals and businesses can provide financial assistance to charitable causes in and around Colonial Beach. In short, donors make financial contributions to CBCF and receive the tax benefit of contributing to a nonprofit; CBCF then sends those contributions back out into the community for philanthropic purposes. For example, donors supporting development of the Torrey Smith Recreation Park made contributions to CBCF and earmarked them specifically for the park; CBCF took on the accounting responsibilities for those contributions and used them to pay the contractors' and vendors' invoices.



Currently, CBCF has 8 core funds: beautification, beach and water improvement, youth development and scholarships, Beach Arts and Music Mentoring (BAMM) scholarships and school support, summer camp, healthcare, arts and culture, and the community center. Donations to CBCF can be directed to one or more of those funds. As an alternative, you can direct your donation to a specific use; for example, the beach access ramps. Donations that are not earmarked for a specific fund or use, go into the general fund and are distributed at the discretion of CBCF's board of directors. Furthermore, CBCF will acknowledge your tax-deductible donation with a receipt or letter.

Giving

Ways to Give

There are many ways you can give. Of course, you can make an outright gift of cash by writing a check. However, cash gifts can be given in many other ways; such as:

- Remembering a special occasion by asking friends and family to make donations to CBCF in lieu of giving you presents; e.g., creating a birthday fundraiser via Facebook or asking guests to bring donations to a 50th anniversary party.
- Memorializing a loved one; e.g., requesting donations to CBCF in lieu of flowers after a death or to remember a deceased loved one on a special day.

An easy to give to CBCF is to use *Good Shop* or designate CBCF as your *Amazon Smile* charity of choice.

Donations to CBCF are not limited to cash; you also can give gifts of

securities and real estate. In fact, donations can take many forms, for many reasons. If you have questions or ideas for maximizing your donations to CBCF, or to start a fund or create a specific use, contact us via *email*.

Bequests are another way you can give to CBCF. You can discuss with an attorney how to remember CBCF in your will or add CBCF as a beneficiary on investment accounts, life insurance policies, or bank accounts.

Volunteering

Six Health Benefits of Volunteering

According to the Mayo Clinic, volunteering has health benefits. It:

- Decreases risk of depression, especially in those 65 and older, because it increases social interaction and helps build a support system.
- Provides a sense of purpose and teaches valuable skills.
- Helps you stay physically and mentally active.
- May reduce stress.
- May help you live longer.
- Helps you meet people and make friends.

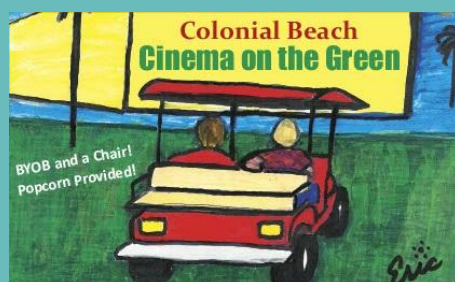
For more information, check out the *Mayo Clinic's website*.

To discover volunteer opportunities in and around Colonial Beach, including those for CBCF activities and events, join the Colonial Beach Volunteer Brigade (CBVB) by providing your name and email address to the *Chamber of Commerce's Event Coordinator*. You will receive an email every 2 or 3

months listing upcoming volunteer opportunities with contact information for each one. You can pick and choose which opportunities you want to pursue and directly contact the appropriate volunteer coordinator(s). Your email address will not be shared outside the Chamber nor appear on the distribution list.



August Events



Cinema on the Green



Saturday, September 7th
Colonial Beach Community Center
717 Marshall Ave (on the Point)
Bring your own chair and beverage

This month enjoy the original 1958 version of *The Fly* (not rated).

Watch from your golf cart drive-in style, or bring a chair or blanket. Admission is always free and snacks are provided by a local nonprofit, for which donations are accepted and appreciated. The month's nonprofit is Downtown Colonial Beach.

2nd Annual Northern Neck Beach Music Festival

Saturday, September 14th
Town Hill

11 AM until 8 PM

Gates open at 10:30

Three bands (*Embers*, *Rhondells*, and *Feature Attraction*); Carolina Shag dance lessons & contest; silent auction; food, beer, & wine; Premier Tent, Party Grounds Tent, & General Admission

Proceeds will be used to establish a Health & Safety Fund (50%) and fund grant requests from community groups (50%).

Learn more [here](#). Purchase tickets [online](#) with a credit card, or with cash or check at these Colonial Beach locations: *Raggs*, *Coldwell Banker Elite*, *Riverview Inn*, and *Halls Supermarket*. Follow the Northern Neck Beach Festival on [Facebook](#).

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